

Border Safety Resources

Bring this with you when you work on the border!

Developed by the School of Journalism Faculty Border Safety Committee: Celeste Gonzalez de Bustamante, Kevin Kemper, Jay Rochlin, Maggy Zanger, Chair

1. Forms to sign
2. Important phone numbers
3. Insurance Issues
4. What to Bring/General Tips

1. Forms to be printed out and signed off on and given to your Professor BEFORE going to Mexico to report for a class: 1. INTERIM UA Policy Concerning Study, Travel, and Research in Countries Under U.S. State Department Travel Warnings:

http://journalism.arizona.edu/publications/UA_Interim_Travel_Policy.pdf

2. Assumption of Risk: <http://journalism.arizona.edu/publications/AssumptionofRisk2.pdf>

3. US State Department: http://travel.state.gov/travel/cis_pa_tw/pa/pa_3028.html

All of these are on the Journalism website: <http://journalism.arizona.edu/publications/>

2. Important #s

For medical *emergencies* or crime

Tip: US Verizon phones often work near the border.

In the U.S.: Call 911

In Mexico

1. Along the border, call 911 (should transfer you to Mexican emergency services)
2. Everywhere in Mexico, call 066 (Mexico's version of 911)

U.S. Consulate in Nogales, Son.

If there is not an immediate life-threatening medical emergency but you run into trouble in Mexico, call the U.S. Consulate in Nogales, Son. They have a staff of English speakers and American Foreign Service Officers there to help you. They have a 24 hour emergency cell phone number that an American staff member has with them always.

It is intended for emergency purposes only.

24 hour emergency cell phone number(s):

- From the U.S. 011-52-1-631-318-0723
- From a land line in Nogales, Son. 044-631-318-0723
- From a land line outside of Nogales, Son. 044-631-318-0723
- From a cell phone in Mexico 631-318-0723

For non-emergency contact: (52) - (631) - 311 – 8150

To contact the U.S. Consulate in Hermosillo: from the U.S., dial 011-52 (662) 289-3500.)

3. Insurance Issues

Health. Each student is responsible to have health coverage and make sure that coverage will apply in another country. Campus Health offers student medical insurance that has international coverage. For more information during Fall 2009, which includes exclusions, see

http://www.health.arizona.edu/webfiles/insurance_fall2009.html

Also, the student health plan uses On Call International (see <http://www.oncallinternational.com/>), which coordinates medical and travel assistance. For information, click on the link at http://www.health.arizona.edu/webfiles/insurance_fall2009.html or call 1-800-407-7307 in the U.S., or call collect at 001-603-898-9159 if not in the U.S.

Students wanting to explore other options for travel insurance can see Web sites like <http://www.squaremouth.com/> or <http://www.insuremytrip.com/>. These and other sites are referenced in a helpful article in The New York Times: See http://www.nytimes.com/2009/09/06/travel/06prachurricane.html?_r=1.

Car. US auto insurance does not cover your vehicle or liability in Mexico. Even a simple car accident could carry serious consequences without Mexican insurance. Purchase Mexican auto insurance in advance of your trip. Call your regular agent and see if Mexico insurance can be added for the short time you will be there, or see Sanborn brochures. Take insurance agent's phone number with you.

The School of Journalism does not endorse any particular plan or give advice on these matters, except to say that it expects all students to have adequate coverage and know how to use that coverage.

Things to bring and general tips

- Current passport or passport card (with copies in other places on you and left at home)
- Car registration. Make sure it is in the car. The driver of the car must also be the official owner
- Maps
- Camera
- Notebook and pencils (or tape recorder)
- US and Mexican currency (maybe \$20-100, not too much and keep a small stash in shoes)
- Cell phone that works in Mexico (Verizon usually works across the border south of Nogales)
- Bottled water (more than you think you could ever possibly need)
- Small bottle of hand sanitizer
- Small first aid kit
- Sturdy walking shoes that cover your feet (no open-toed shoes)
- Personal medications (with prescriptions other places)
- A great, open-minded attitude
- Small book of Spanish phrases
- If you can, keep these things on your person and NOT carry a purse, backpack, or briefcase, you will be less conspicuous.
- DO NOT carry guns or ammunition into Mexico.
- Do not try bring wildlife, plants, fruit, coral or fireworks into or back from Mexico.
- Do not break Mexican laws. Do not speed, use illegal drugs, carry illegal drugs or get into a fight. ALWAYS be polite and respectful.

Links with tips:

<http://travel.latimes.com/destinations/mexico/clm/planning-a-trip>

http://travel.state.gov/travel/tips/tips_1232.html

http://travel.state.gov/travel/cis_pa_tw/spring_break_mexico/spring_break_mexico_2812.html

<http://search.lonelyplanet.com/listing?Nty=1&Ntx=mode+matchallpartial&Ntk=Al>

[I&N=4294957687&Ntt=travel+tips&y=0&x=0](http://www.go2mexico.com/travel_tips.php)

http://www.go2mexico.com/travel_tips.php

<http://www.iexplore.com/dmap/Mexico/Do's+and+Don'ts>