Diabetes reaches 'epidemic' levels in Cochise County

"We get a lot of hypothetical questions," Haun said. "We'd give them a heads up."

"We're looking for a sure-fire way to prevent diabetes..."

"This is protecting us in the future."

"It's a dead zone down there. No one explores beyond that, that's the end of it."
By Matt Anduzola
The Tombstone Epitaph
You may think you know how to put up a list of all the in your region. But there are a few things you might have missed. The more that has had more than his share. Yet, it has been a long time since some cattle back into their pen was exhausted. It was a chore that was gladly shared by the cow herder. "I just ran around till the work was done," said Everetts. "We are animal control officers," said Jennifer, "I do hair in Tombstone." "I do a lot of hair ..."

Age gallery closed for rennovations
By Ellen Gaull
The Tombstone Epitaph
"From 317 E. Allen, St. is closed for several weeks, we are unable to give you the amount of time spent in the cutting of hair in Arizona. It was only natural that he was his uncle. Mayberry said that you had to go somewhere to replace the ones that are a little tired. They used to be the ones that are a little tired. They used to be the ones that are a little tired. They used to be the ones that are a little tired.

Mayberry, 80, is also the owner of Mayberry's Barbershop, a barbershop with a rich history in Tombstone. Mayberry has been cutting hair for over 50 years and is a member of the Arizona State Barbers Association. "I cut hair in Tombstone, Arizona, is a busy barber shop where customers can enjoy a variety of services, including haircuts, styles, and shaves. The shop is located on the main street of Tombstone, and has been operating for over 60 years. Mayberry's is a popular spot for locals and tourists alike, with a friendly and welcoming atmosphere. The shop is known for its traditional barbershop decor, including a vintage barber chair and a sign that says "Mayberry's Barbershop." The shop is open Monday through Saturday, and is closed on Sunday. Mayberry's is a reminder of the rich history of barbering in Tombstone, and a place where customers can enjoy a classic barber experience in a historic setting.

The Lamplight Art Gallery is located at 317 E. Allen St., and is closed for several weeks due to renovations. The gallery is home to a variety of local artists and features a range of fine art, including paintings, sculptures, and photography. The gallery is open Wednesday through Saturday, and is closed on Sunday. The gallery is known for its dedication to showcasing the works of local artists, and for providing a space for artists to exhibit their work. The gallery is owned and operated by Jennifer Everetts, a local artist and art collector. The gallery is a popular destination for art lovers and collectors, and is a hub for the local art scene.

The OK Cafe is a popular lunch spot in Tombstone, and is known for its delicious milkshakes and burgers. The cafe is located at 317 E. Allen St., and is open daily for breakfast, lunch, and dinner. The OK Cafe is owned and operated by Jennifer Everetts, and is known for its friendly service and delicious food. The cafe is a favorite spot for locals and tourists alike, with a comfortable and welcoming atmosphere. The cafe is known for its delicious milkshakes and burgers, and is a popular destination for breakfast, lunch, and dinner.

WHAT'S ON THE MENU?

The Lamplight Restaurant
Taco salad: $5.95
The OK Cafe
Burgers: $4.99

The extremely busy family business has struggled with owner turnover, especially in the past few years. "We have had so many different owners, and we have been closed many times," said Linda Baker, who's been working for the OK Cafe since the late 1980s. "We're just trying to hang on," she said. "But not all city residents agree. Everetts said he is the only animal control officer in the city, and he is always on call. Residents should speak to the county or the other deputies if they have a problem with a pet. Everetts said he doesn't have a way to respond to calls after dark."

In October we changed our menu to more vegetarian-friendly options. We have added more salads, soups, and sandwiches to our menu. We have also added more vegetarian-friendly sides to our popular chicken and steak dishes. In fact the OK Cafe has become one of the most popular vegetarian-friendly restaurants in Tombstone. The Ok Cafe also has a vegetarian-friendly breakfast menu. We have added more vegetarian-friendly breakfast items to our menu. We have also added more vegetarian-friendly dinner items to our menu. We have also added more vegetarian-friendly sides to our popular chicken and steak dishes.

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**Cochise County residents who identified themselves as diabetic in 2005, more than two-fold increase since 2000, according to the latest census data of census tracts residents identified themselves as diabetic.**

$54,66257 - The total amount charged for dia-
abetes-related hospitalizations during in 2005 in Cochise County, up from $45,484,971 during 2003.

**The 2005 death rate for diabetes per 100,000 population, down from 23.5 per 100,000 in 2003.**

**2.565 – The number of diabetes-related hospital dis-
scharges in Cochise County for 2005, a 4 percent increase from 2004.**

**Source:** Arizona Department of Health and Services, Arizona Diabetes Program

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**COCHISE DIABETES BY THE NUMBERS**

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**By Allie Gilliland**

Tombstone is home to quite a few rare and exotic plants. These are species that are usually found in more northern, higher elevation locations. This can be surprising to some, as Tombstone is a desert town. Towards the center of town, you can find an unusual tree which has become quite popular. The “Rose Tree” is one of the rarest of all trees. Over 100 years ago, a woman from Scotland named Dorothy Devere planted a rosebush, which has now grown into the world’s largest rosebush. The bush is believed to be as old as 800 years and can be found at the Ramsey Canyon Preserve.

The mile-long guided tour through the South and North Mountain Trails provides an excellent view of the preserve. One of the most popular activities is the “Rose Tree” tour. The tour begins at the visitors center and proceeds through the preserve. The tour is about an hour and a half long and costs $3 per person. The tour is available daily from 9 a.m. to 5 p.m.

The Ramsey Canyon Preserve is located on the east side of the town. It is open daily from 8 a.m. to 5 p.m. Admission is $3 per person, and there is a $5 per vehicle charge. The address for the preserve is 925 S. Ramsey Rd., Tombstone, AZ 85638. For more information, call 520-824-3136.

The Ramsey Canyon Preserve is a wonderful place to visit. It is a great place to escape the heat of the desert and enjoy some nature. The preserve is also a great place to learn about the plants and animals that live in the desert. The “Rose Tree” tour is a great way to see one of the rarest trees in the world. The preserve is open daily from 8 a.m. to 5 p.m., and admission is $3 per person. For more information, call 520-824-3136.